



Blood Donor Qualifications

Thank you for your interest in blood donation with Children's Hospital Los Angeles!

DONOR REQUIREMENTS ARE ESTABLISHED BY THE FOOD AND DRUG ADMINISTRATION AND THE AABB

- Donors must be 17 years or older
- Donors are encouraged to have a meal before donating and to drink plenty of fluids
- Donors are required to bring a valid photo ID
- Donor must weigh at least 110 pounds

Please do NOT donate if you:

- Are sick or not feeling well
- Are currently taking antibiotics or other medications for an infection
- Have donated whole blood in the past 8 weeks
- Are pregnant or have been pregnant in past 6 weeks
- Have a bleeding condition or blood disease, or take anticoagulants
- Have had a positive test result for Babesia or Ebola
- Have ever received a brain covering graft or xenotransplantation
- Have ever had a positive test for the HIV/AIDS virus
- Have taken any medication to treat HIV infection
- Have taken Tegison for psoriasis
- PLATELET DONORS: Take Feldene, Effient, Brilinta, Plavix, Ticlid, Zontivity, or any aspirin containing medications including ibuprofen (acetaminophen/Tylenol is OK)

Please ask for an evaluation if in the PAST 3 months, you:

- Received a blood transfusion
- Received an organ, tissue, or bone marrow transplant
- Had a bone or skin graft
- Have had sexual contact or lived with a person with hepatitis
- Had an accidental needle stick or have come into contact with someone else's blood
- Have used a needle to inject nonprescription drugs (including steroids)
- Taken any medication by mouth to prevent HIV infection (i.e., PrEP or PEP)
- Had sexual contact with a new partner or more than one partner
- Had sexual contact with anyone who has ever had a positive test for HIV infection
- Had sexual contact with anyone who has received money, drugs, or other payment for sex or used needles to inject drugs, steroids, or anything not prescribed by their doctor
- Had a tattoo or piercing
- Had or ever been treated for syphilis or gonorrhea
- Received money or other payment for sex

Please ask for an evaluation if you have had any of the following:

- Cancer, including leukemia
- Chest pain, stroke, heart disease, diabetes, lung disease, or malaria
- Major illness, surgery, or are under a doctor's care
- Recent vaccinations or injections
- Traveled or lived outside of the United States in the past 3 years
- Been held in a prison/jail for 72 or more consecutive hours
- Take Avodart, Proscar, Propecia, Accutane, Soriatane, or any other medications

Please call 323-361-2441 or email BloodDonorCenter@chla.usc.edu for any questions.

Call us or visit www.chladonateblood.org to schedule an appointment.